



SG60 Strides

Running Through Our Heartland



VISTARIAN ROAD RUN 2025

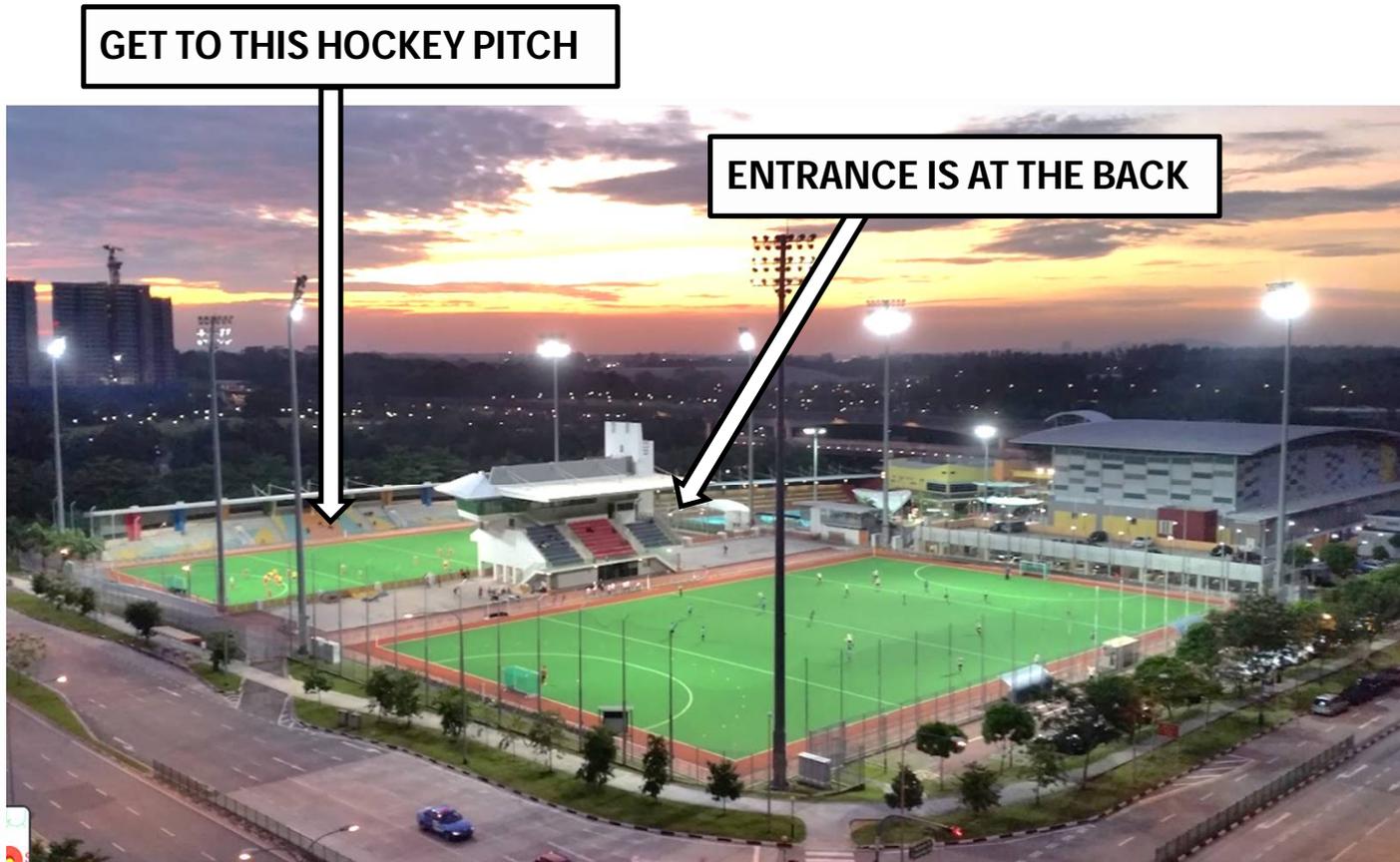
EVENT DETAILS

<i>Date</i>	23 May (Fri) 2025
<i>Time</i>	0730 – 1100 (Report by 0720)
<i>Venue</i>	Sengkang Hockey Stadium
<i>Attire</i>	NV Polo Tee, PE shorts and Sports shoes

- Attendance is compulsory.
- Students who are unable to take part in the run (due to valid reasons) will be deployed as officials to support the event.



GETTING HERE



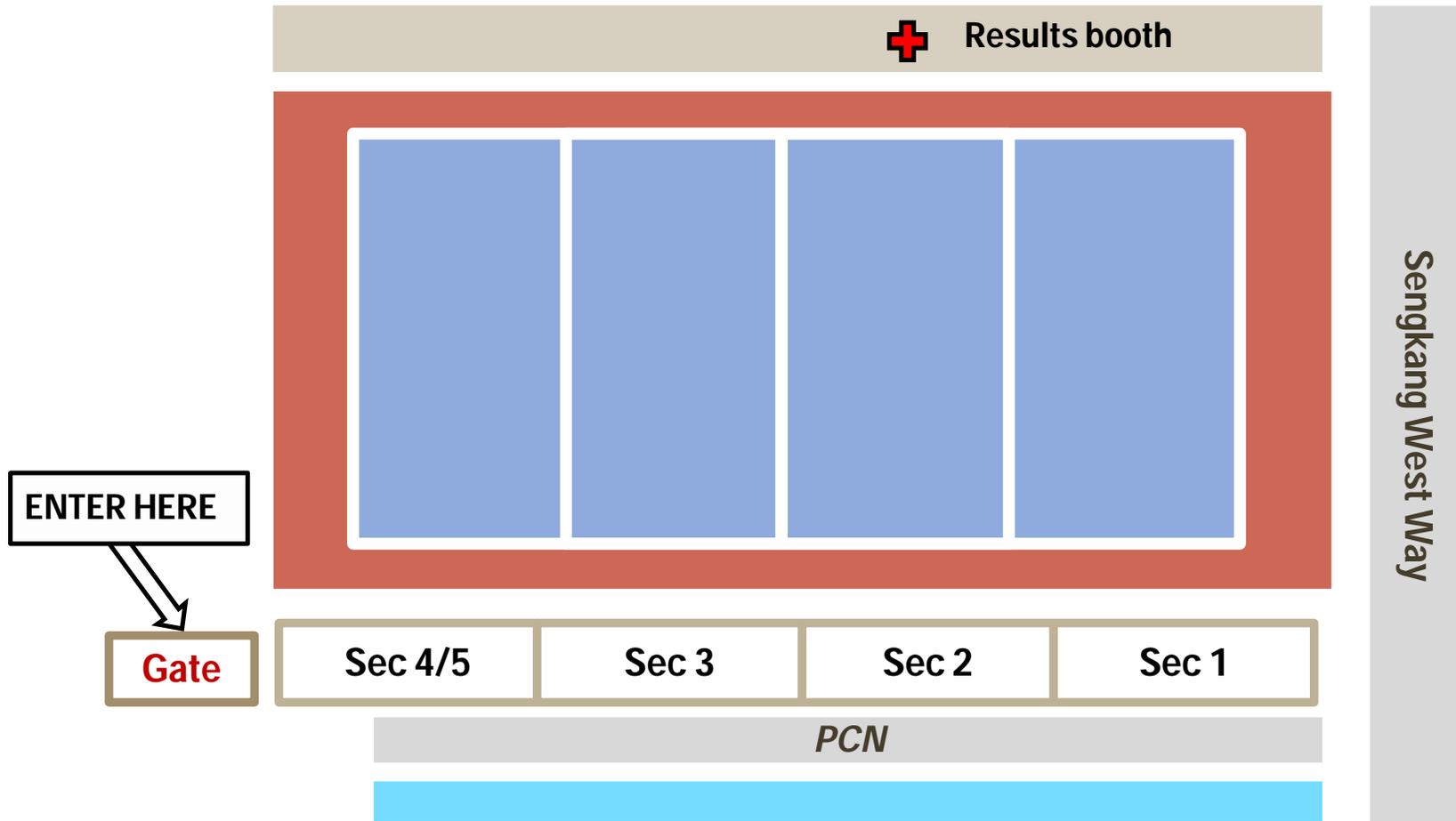
The pitch is blue, not green.



GETTING HERE



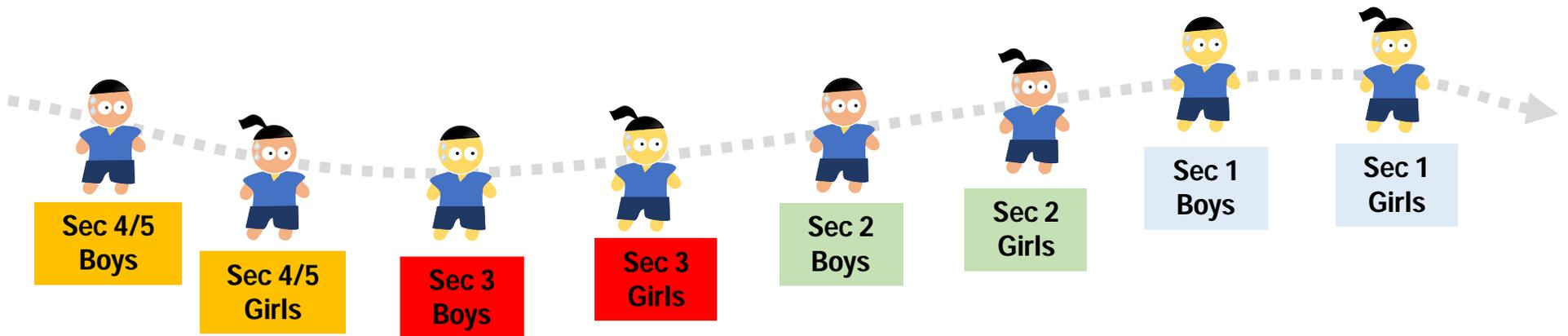
GETTING HERE



RUN ACTIVITY – DETAILS

RACE

- Individual event – 8 staggered races
- Each level will wear a different coloured bib (to return after race)



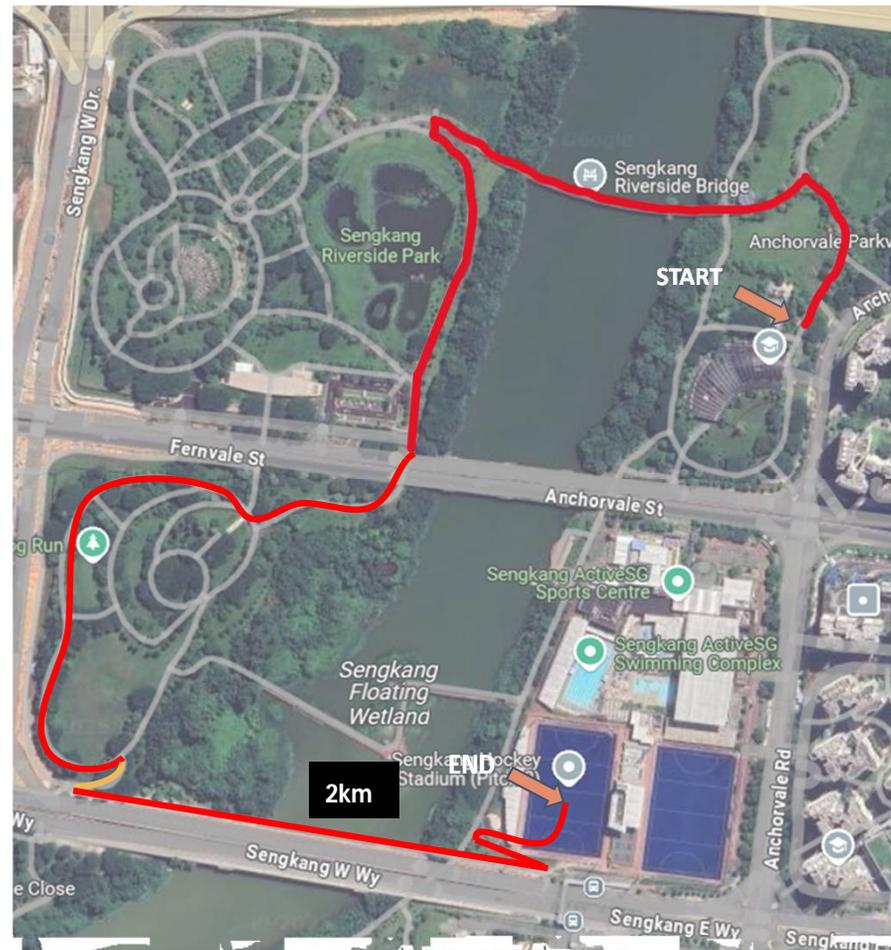
PRIZES

- Top 60 – Wristband + Class points
- Top 20 – Medals

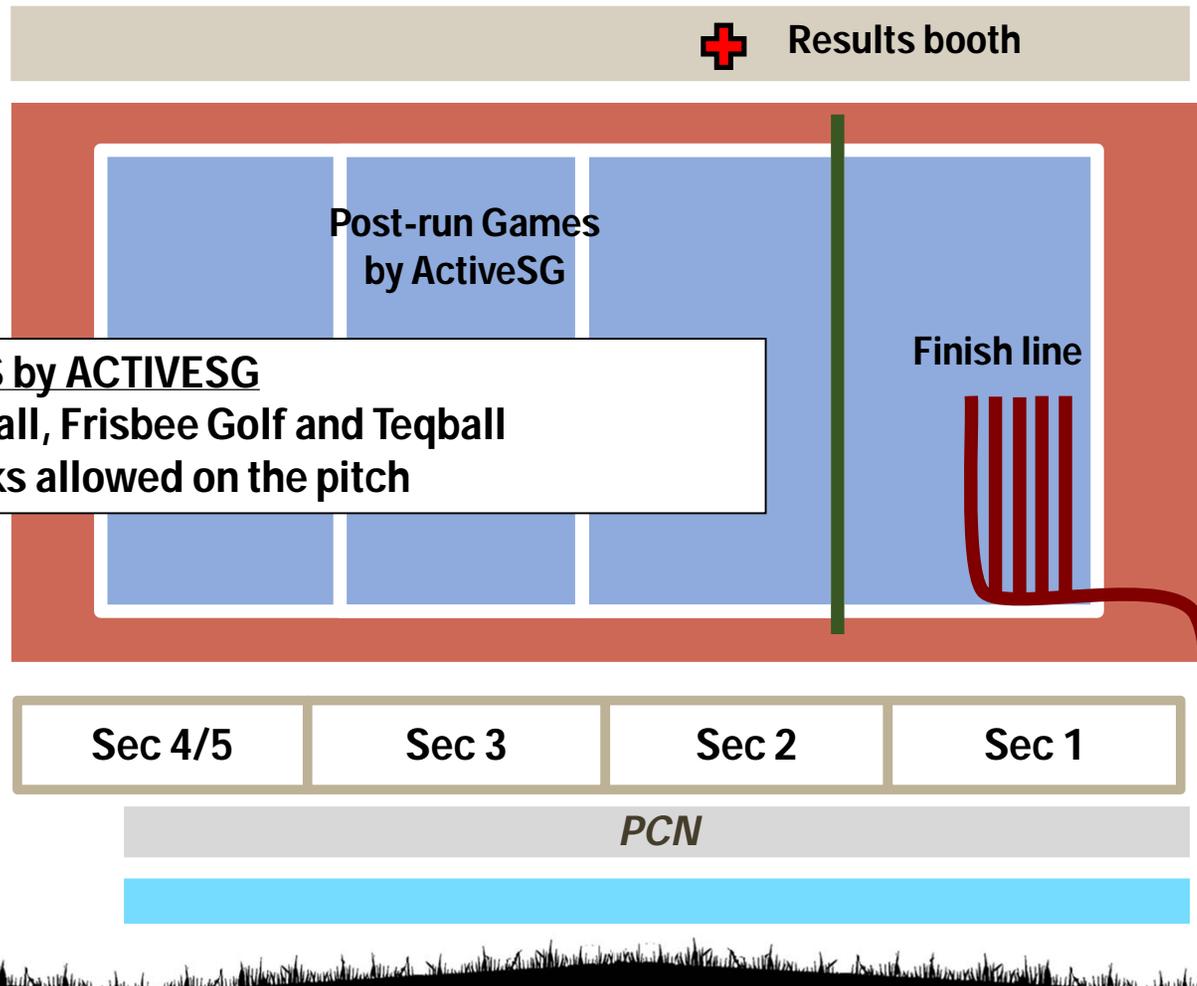
RUN ACTIVITY – MOVE TO START



RUN ACTIVITY – ROUTE



RUN ACTIVITY – DETAILS



POST-RUN GAMES by ACTIVESEG

- Kinball, Powerball, Frisbee Golf and Teqball
- No food or drinks allowed on the pitch

SAFETY & ETTIQUETTE

Have a proper
breakfast
before the event



Inform
teachers if you
are feeling
unwell

Take care of
your valuables



Be well-hydrated

- Bring your own bottles
- Water cooler is located near the toilet at the grandstand

SAFETY & ETTIQUETTE

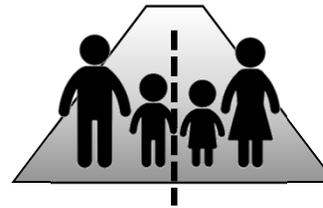
No pushing or pulling,
especially at the start



Run when you can, walk
when you must



Keep left unless
overtaking



Respect **other park**
users



Keep to
designated
path



Watch out for **sharp**
turns, downslopes,
uneven or wet ground,
bicycles